

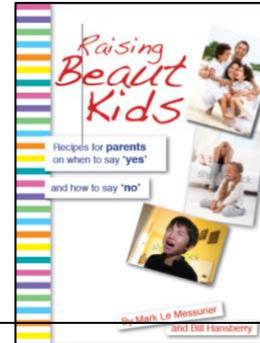


## Mark Le Messurier – PARENT EDUCATION SEMINARS

### TOPIC: *Setting up for SUCCESS* series – REAL ideas to tame ugly behaviours

Wednesday 18<sup>th</sup> September, 6pm, St Joseph's Catholic School, Ottoway

Mark Le Messurier is a well-known teacher, counsellor and author of 11 books. He is the co-author of BOTH '*What's the Buzz?* friendship/ social skills building programs now assisting children (4 to 14 years) in schools and organisations in more than 130 countries. He regularly presents at conferences and is a recipient of an Australian National Excellence in Teaching Award. Mark works in schools and in private practice in Adelaide with young people he affectionately calls 'Tough Kids'. He is the architect of the 'Mentoring Program' now running in many Catholic and state schools throughout Australia to support vulnerable students. Mark's books will be available at the workshop for purchase, using cash or credit card. Mark will offer **RAISING BEAUT KIDS (\$25)** and **PARENTING TOUGH KIDS (\$25)** or together as a **BOOK BUNDLE** for \$40.



This practical **BEHAVIOUR CHANGE** workshop comes from **RAISING BEAUT KIDS** and **PARENTING TOUGH KIDS**



It centres around 3 foundation ideas that every parent struggles to get right and maintain;

#### 1. There is a reason for your child's behaviour

That's right - it is trying to tell us something! As parents we need to be clever and work out what their behaviour is really saying. We need to scratch below it and work out what's driving it, instead of simply responding to the irritation it may cause.

#### 2. How behaviour works

- Children continue behaviour when they feel it is being rewarded.
- Children stop behaviour when they feel it is not being rewarded.

Our inconsistency, and sometimes misunderstanding, over what reward really means confuses them! So, let's look at the idea of reward together. What is the difference between 'reward' and 'giving attention'? Let's look at tweaking this together.

#### 3. It takes an intelligent plan to manage kids wisely

And, this is even more so in the tricky moments. So let's get up close and personal and fine tune your style so you leave invigorated to try a few new fresh ideas in the tricky moments!

New brain research confirms that how we live, how love our children, interact with them and regulate our own lives has a big influence on how our kids' brains develop. We are the key to their future! The secret to success lies in our capacity to review whether what we are doing is actually working for our kids, and if it's not, to tweak it so it advantages family life, and their future. An evening of enjoyment, quality learning and an opportunity to make some real differences.

For more information about Mark, or the global social skills programs - **WHAT'S THE BUZZ?** please view;

<http://www.marklemessurier.com.au/main/>

<http://www.raisingbeautkids.com.au/>

<http://www.whatsthebuzz.net.au/>

To hear Mark interviewed by Debra Tribe on ABC Radio, visit -

<http://www.marklemessurier.com.au/main/news/a-radio-interview.shtml>

To see a '*What's the Buzz?*' lesson in action, and lots more, visit –

<https://www.youtube.com/watch?v=U0QaHHsnN4U>

To see and hear Mark Le Messurier go to his YouTube Channel - [www.youtube.com/channel/UCOZkkrmU4LdXZc2uT7WY-Uw](http://www.youtube.com/channel/UCOZkkrmU4LdXZc2uT7WY-Uw)

Mark Le Messurier/ 8332 0698/ [mark@marklemessurier.com.au](mailto:mark@marklemessurier.com.au)/ [www.marklemessurier.com.au/](http://www.marklemessurier.com.au/) [www.raisingbeautkids.com](http://www.raisingbeautkids.com)