



# Newsletter

Issue 13 27 August 2020

## St Joseph's School

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Website: [www.stjotto.catholic.edu.au](http://www.stjotto.catholic.edu.au)

### In All Things Love

#### Uniform Shop

Open on Monday and Fridays  
8.30 am to 9.30 am

#### Playgroup

Friday - 10.00 am to 11.30 am

#### Out of School Hours Care

##### Daily

6.30 am to 8.30 am  
and 3.00 pm to 6.00 pm

**Tuesday** 2.45 pm to 6.00 pm

Bookings essential

Mobile: 0437 863 067

#### St. Maximilian Kolbe Parish

Priest - Fr Marek Ptak CR

Phone: (08) 8447 3223

Email: [stmax@ottowayparish.com](mailto:stmax@ottowayparish.com)

#### Mass Times

Saturday 6.30 pm

Sunday 8.30 am English &  
10.30 am Polish

Weekday 6.30 pm English & Polish  
Except Tuesday

(check with Parish)



On Thursday 6th August many students from Years 3-6 attended the Catholic Schools Cross Country Carnival held in the East Parklands. The athletes were set a challenging course on the day which involved sprints, hill climbs and creek crossings. Although the weather had been dry the course was still slippery in parts. All students completed the course and showed a considerable level of aerobic fitness. The manner in which they managed themselves and got along was outstanding. To take a group of responsible students to events such as this is a pleasure for the supervising adults. Congratulations to Henry Dam who placed 4th in his division. We thank Misses Ngu, Huynh and Bryant for their support on the day.



We acknowledge that our school is on Kurna country. We recognise and respect the Kurna people as the continuing custodians of the Adelaide Plains and pay our respect to Elders past and present.

### Further background on our school Josephite Tradition

In the last newsletter I provided the school community with some background information on our school Josephite Tradition. Below is further information on what it means for us here at St Joseph's to be a part of the Josephite Tradition.

**Being part of a Josephite Tradition means that as a community everyone is treated with dignity.** Mary Mackillop believed that God, in Jesus, called her and the sisters of St Joseph to show reverence for the dignity of all people. Mary MacKillop's reverence for all people meant she was incapable of 'giving up' on anyone. Today in our school community, we support families by reducing fees if required, helping with uniforms and providing breakfast for children whose families may be experiencing financial difficulties. In 2020 a number of our families have received fee remissions as a result of a loss of income due to the Covid 19 pandemic.

**Being part of a Josephite Tradition means that as a community we most support the people who are poor and marginalized.** For Mary MacKillop those who were the most 'Needy' in our world come first. Mary Mackillop and the Sisters established "bush schools" and later as needs arose, orphanages, refuges, and other services for those most vulnerable in the society of their time. Mary MacKillop was an extraordinary woman of action and her response was a practical one. Small acts upon small acts make a big difference over time.

Today in our school community, we teach children to reach out and support those in need. To grow into people who have a sense of the common good in our society. We teach them that we use our gifts and talents to raise money to support people who are poor, people who are less fortunate. We do this through Project Compassion, St Vincent De Paul and Walk a Mile in My Boots to name a few.

### Curriculum News

I have included two mathematical challenges which you might like to have a go at with your child/children. This week's Mathematical challenges:

#### Reception to Year 3

A basketballer scored 9 points in two games. What might her scores in each of the games be? Record as many possibilities as you can.

The difference between two numbers is 5. What might the two numbers be? Record as many possibilities as you can.

#### Years 4-6

$5\square 2 - \square\square 4 = 68$ . Work out as many possible answers for this subtraction number sentence as you can.

A problem for  $8 \div 2$  is: There are 8 tennis players. How many teams of 2 are there? Make up two different types of word problems for  $36 \div 3$ .

Happy inquiry.

### Premier's Reading Challenge

This year a large number of our children have once again taken up the opportunity to participate in the Premier's Reading Challenge. The challenge closes on Friday September 4 with children needing to have their Premier's Reading Challenge *Student Reading Record* forms handed into the front office by this date.

Between now and September 4 you may like to view the Top 10 lists for all books along with each age level (R – 2, 3 – 5, 6 – 9 and Mature) by visiting the Premier's Reading Challenge Website. Utilising the "like" feature, the data for the Top 10 list is generated by the number of times a title has been "liked" on the website. This feature is live, so will give an up-to-date representation of what students are reading – and liking. You can access the Top 10 lists from the 'booklists' section of the website accessed through the main menu on the left hand side of the page.

Happy reading.

### **Pupil Free Day Friday September 11**

Friday September 11 will be a Pupil Free Day. On this day all staff will be involved in developing our 2021-2023 Three Year Strategic Plan. The day will involve staff reflecting on what has been achieved strategically in the past three years, our vision for the next three years and bringing this together in order to develop our three year strategic plan. OSHC will be available on the day. Bookings are essential and can be made by contacting Mieke or the Front Office.

### **Playgroup**

As a result of parents and carers being able to re-enter the school grounds **Playgroup** has resumed this term. Social distancing protocols of no more than 1 person per 2-square metres in an enclosed space and a minimum social distance of 1.5 metres remain in place. Please also remember to refrain from attending if you or your child are unwell. Our Playgroup coordinator Sue Scheller has been in contact with all of our Playgroup families to inform them of the resumption of **Playgroup**.

### **School Climate Surveys**

This year we are continuing our partnership with Professor Jill Aldridge from Curtin University who is supporting us in *Developing Leadership Capacity in School Improvement* through surveying the school community. The School Improvement focus involves collecting and analysing data from the school community (students, parents and staff) to identify plans for future actions. Staff and student surveys opened on Monday August 3 and close on Friday August 28. Staff and Year 3-6 surveys will take place online while our R-2 children will complete a paper version of the survey. The parent survey also opened on Monday August 3 and will close on Friday September 11. This year we are offering the parent survey as a paper version also. I have already approached a number of parents before and after school to participate in the survey. Thank you to those who have already completed and returned their survey. The parent survey is seeking your thoughts and opinions on how you think things are going for the school. The results are collated by Curtin University in Western Australia and provided to the school to inform school improvement focus areas moving forward. No names are attached to the survey meaning parents are able to remain anonymous. If you would like participate in the survey and have not received a copy of the survey please come and see either myself or one of our front office staff. Copies are also available in Vietnamese. The more parents we have complete the survey the more data we will have available to draw upon in terms of targeting areas for school improvement.

### **Making Space for Learning 2 Year Inquiry Project**

As mentioned in earlier newsletters this year, our school is currently participating in the *2020-21 Making Space for Learning Inquiry Project*. The aim of the inquiry is to be able to identify the behavioural and learning difficulties associated with developmental trauma and formulate an informed and effective educational response. To this end, the inquiry begins with a detailed understanding of early year's brain development. It then examines the nature and effects of developmental trauma. Lastly, it provides strategies to respond to the specific behavioural and learning difficulties associated with developmental trauma.

Teaching staff have recently completed collecting quantitative data (number/frequency) relating to our whole school inquiry question; **Does the use of core practice (calming strategies) at the beginning of learning blocks support and improve student self-regulation?** The quantitative data collected focused on; *How students re-entered their space for learning after a break (recess, lunch, specialist lessons)*.

Teaching staff have also been collecting Qualitative Data (Anecdotal notes etc) prior to implementing strategies such as meditation, mandalas, drawing, quiet music, journal writing and reading over a 10 week period to support children re-enter their learning space ready to fully engaging in the learning opportunities presented to them.

### **Nude Food Wednesday**

On Wednesday August 5 St Joseph's School began a 4 week *Nude Food Wednesday* trial.

For four consecutive Wednesdays children will be encouraged to not bring food packaging to school. Any food packaging children use throughout the day will be sent home in their lunch box.

This initiative is in line with our school action plan around ecological conversion and sustainability and is supported by our school Student Sustainability Council. The school canteen is also on board and will be limiting the amount of food packaging where possible on these days.

### **Canteen News**

Our recently introduced Healthy Food Thursday Canteen Lunch Specials continue to be popular with Grilled Chicken Cold Rolls and Hokkien Noodles with Chicken, Carrot and Bean Sprouts being served in recent weeks. Moving forward we will continue to have Healthy Food Thursday Canteen Lunch Specials on selected Thursdays.

### **How do anxiety conditions develop?**

An anxiety condition isn't caused by a single factor but a combination of things. Various factors play a role, including:

- family history of mental health conditions
- personality factors
- a learnt response
- physical health problems
- other mental health conditions
- substance use

ongoing stressful events.

Possible triggers for ongoing stressful events include transitions (such as starting at a school), change in living arrangements, family relationship problems, major emotional shock following a stressful or traumatic event, being the recipient of bullying, verbal, sexual, physical or emotional abuse or trauma, and death or loss of a loved one.

To learn more about anxiety visit **Be You** (formerly Beyond Blue)

<https://beyou.edu.au/fact-sheets>

### **Safety Message**

Students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached, students should not respond and should not accept offers of rides or gifts. Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible. SAPOL advises that taking out a mobile phone and calling police can deter the offender and they recommend the student making a formal report to their closest police station.

## Skool Bag App

To keep up to date with what is happening within our school along with upcoming school events why not download the **Skool Bag App** from the App Store on your mobile phone. Once downloaded simply search St Joseph's School, Ottoway and add to your Skool Bag page. Many of our families currently use the **Skool Bag App** to keep up to date with what is happening across our school.

In addition our school website **News and Events** link is regularly updated to assist our families in keeping up with what is happening across our school.

May the love of St Mary of the Cross MacKillop be with all our families.

Working in partnership with you.

Shaun O'Leary.

## APRIM News

### Prayers and liturgies,

We continue to celebrate Community Prayer at 8:45am each Friday in the Tenison Woods Centre and you are always very welcome to join us. These are generally led by Year 4/5 and 5/6 students. Class liturgies for R/1, 2/3 and 3/4 classes will be in place shortly.



### Parents and Friends

We welcome you back onto the school grounds this term and would love to work with you to create some community events for later in the year that we can manage alongside of the COVID19 social distancing requirements. If you would like to share some ideas or get involved in preparations please contact me in the yard or office or by phone 84474969, or email, [smccullough@stjotto.catholic.edu.au](mailto:smccullough@stjotto.catholic.edu.au). I'm looking forward to working with you.

Tea and Coffee is available each Thursday morning in the yard on the barrels. We would love for you to drop by and say hello. Michelle Dinning and I will be there most weeks along with Shaun and other staff. Hope to see you then.



### Sporting Schools

This term we are using our sporting schools grant to learn about and enjoy touch football. We are currently planning for Term 4 and as we have received a generous grant. Stay tuned for some exciting news.

OSHC Newsletter

August 2020

Dear Parents and Caregivers,

The school is having a Pupil Free Day on Friday 11<sup>th</sup> September. OSHC is open this day, please make a booking to attend.

Please remember to make a booking when you need OSHC.

All bookings can be made by ringing or messaging the OSHC mobile on 0437 863 067.

If there is no answer leave a message on the service. I will call or message you back.

Making a booking helps us keep the child/staff ratio in line with legislation.

24 hours' notice is necessary when cancelling a booking or charges will occur.

Thank you for your cooperation.

Please remember to check your **myGov** app regularly to check for any messages from Centrelink.

Please feel welcome to visit OSHC, where children are in a safe supervised environment. Learning happens while children play, have fun and make new friends.

Mieke

OSHC Director

### School Calendar

#### Term 1 2020

September		October	
4	Premiers Reading Challenge Closes	12	First Day of Term 4 - 8:45 am
7	School Board Meeting		
11	Pupil Free Day		
11	School Climate Parent Survey Closes		
25	Whole School Assembly 8:45am		
25	Term 3 concludes 12:30pm		



# MOUNT CARMEL COLLEGE

## COLLEGE TOURS 4pm:

Tuesday 8 September

Tuesday 27 October

Tuesday 24 November

**BOOK A COLLEGE TOUR**

Visit: [www.mcc.catholic.edu.au](http://www.mcc.catholic.edu.au) or phone 8447 0500

33 Newcastle Street, Rosewater SA 5013 | T (08) 8447 0500 | E [mcc@mcc.catholic.edu.au](mailto:mcc@mcc.catholic.edu.au) | W [www.mcc.catholic.edu.au](http://www.mcc.catholic.edu.au)

CBCA Book Week 2020

<https://cbca.org.au/>

## CURIOUS CREATURES, WILD MINDS



# NEW CBCA BOOK WEEK DATES

(different dates, same amount of fun!)

